

PECO Cross Country League 2023-24: Race 5 (Roundhay Park)
Senior Ladies Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	5040	Knowles	Charlotte	Abbey Runners	FSEN	31:23	1	
2	6015	Martin	Sophie	Wharfedale Harriers	F35	31:35	1	
3	5989	Whalley	Rebecca	Valley Striders AC	FSEN	31:40	2	
4	5335	Wall	Aisling	Horsforth Harriers	FSEN	32:50	3	
5	6284	Sinclair	Ruth	Nidd Valley Road Runners	FSEN	33:05	4	Y
6	5857	Ballantyne	Emma	St Therasas AC	F35	33:22	2	
7	5471	Kitchen	Ruth	Ilkley Harriers	FSEN	33:53	5	
8	5932	Baynes	Georgia	Valley Striders AC	FSEN	34:18	6	
9	4478	Legg	Emily	Wetherby Runners AC	FSEN	34:33	7	
10	5973	Shanks	Sarah	Valley Striders AC	F40	34:37	1	
11	5023	Fox	Hannah	Abbey Runners	FSEN	34:47	8	
12	5255	Forrest	Hazel	Harrogate Harriers & AC	FSEN	34:47	9	
13	5988	Wearing	Hope	Valley Striders AC	FSEN	34:48	10	
14	5782	Lewis	Susan	Roundhay Runners	F45	34:51	1	
15	5755	Bradbury	Eleanor	Roundhay Runners	FSEN	34:56	11	Y
16	5062	Rowe-Patel	Jenny	Abbey Runners	FSEN	34:57	12	
17	5452	Tecwyn	Sam	Hyde Park Harriers	FSEN	35:03	13	
18	6048	Mamalis	Louisa	York Postal Harriers	FSEN	35:18	14	
19	5248	Beeden	Georgina	Harrogate Harriers & AC	FSEN	35:26	15	
20	5132	Cartwright	Poppy	Airecentre Pacers	FSEN	35:31	16	
21	2761	Say	Julia	Roundhay Runners	F50	35:34	1	
22	6003	Reeve	Angela	Wetherby Runners AC	F45	35:54	2	
23	5016	Clark	Faye	Abbey Runners	F35	36:03	3	
24	5431	Ramsden-Young	Amy	Hyde Park Harriers	F35	36:04	4	
25	5018	Cobo	Andrea	Abbey Runners	FSEN	36:08	17	
26	5415	Mckerrell	Lucy	Hyde Park Harriers	FSEN	36:20	18	
27	5490	Bannister	Sarah	Kippax & District Harriers	FSEN	36:23	19	Y
28	5265	Robinson	Emma	Harrogate Harriers & AC	F40	36:31	2	
29	6237	Williams	Louise	Abbey Runners	F45	36:36	3	
30	5978	Spencer	Amanda	Valley Striders AC	F50	36:39	2	
31	5957	Nancolas	Hayley	Valley Striders AC	F40	37:33	3	
32	4277	Smith	Aiveen	Horsforth Harriers	F35	37:35	5	
33	4475	Findlay	Claire	Roundhay Runners	FSEN	37:38	20	
34	6412	Baiden	Abigail	Rothwell Harriers & AC	FSEN	37:43	21	
35	6294	Howard	Claire	Roundhay Runners	F50	37:44	3	
36	5783	Lilley	Alice	Roundhay Runners	FSEN	37:47	22	
37	5374	Draisey	Ruth	Hyde Park Harriers	F35	37:56	6	
38	6279	Lowery	Sima	Knaresborough Striders	F45	38:01	4	
39	5738	Sims	Harriet	Rothwell Harriers & AC	FSEN	38:01	23	
40	5354	Burke	Caitlin	Hyde Park Harriers	FSEN	38:02	24	
41	5323	Lawrence	Becky	Horsforth Harriers	F45	38:08	5	
42	5263	Oldroyd	Lucy	Harrogate Harriers & AC	FSEN	38:12	25	
43	6125	Iles	Catherine	Roundhay Runners	FSEN	38:12	26	
44	5258	Gill	Sarah	Harrogate Harriers & AC	F60	38:14	1	
45	5090	Evans	Emma	Ackworth Road Runners	F35	38:22	7	
46	5498	Follows	Emily	Kippax & District Harriers	F45	38:28	6	
47	5414	Martinson	Emily	Hyde Park Harriers	FSEN	38:32	27	Y

48	6207	Meaby	Zara	Vale of York Athletic Community	FSEN	38:34	28	
49	5032	Hutchison	Kirsten	Abbey Runners	F40	38:43	4	
50	4486	Oldroyd	Theresa	Nidd Valley Road Runners	F50	38:45	4	
51	4217	Thomson	Nicola	Ackworth Road Runners	F45	38:53	7	
52	6204	Roddy	Annie	St Therasas AC	F40	38:54	5	
53	5539	Robertson	Susie	Kirkstall Harriers	FSEN	38:54	29	
54	5930	Adams	Liz	Valley Striders AC	F45	39:01	8	
55	6259	Taylor	Lizzie	Harrogate Harriers & AC	FSEN	39:12	30	
56	5734	Recchia	Lucy	Rothwell Harriers & AC	FSEN	39:24	31	
57	5592	Deacon	Fiona	Nidd Valley Road Runners	F55	39:26	1	
58	5140	Lund	Sarah	Airecentre Pacers	F45	39:33	9	
59	5399	Houghton	Vicky	Hyde Park Harriers	F40	39:50	6	
60	6023	Bell	Chessie	York Postal Harriers	FSEN	39:56	32	
61	5833	Kershaw	Alice	Saltaire Striders	F40	39:57	7	
62	6243	Vamplew	Lucy	Ackworth Road Runners	F40	39:57	8	
63	5057	Richards	Alex	Abbey Runners	FSEN	40:01	33	
64	6046	Johnson	Amy	York Postal Harriers	F40	40:02	9	
65	5634	Staiano	Sarah	Nidd Valley Road Runners	F45	40:05	10	
66	5985	Trevorrow	Philippa	Valley Striders AC	F45	40:15	11	
67	5964	Reid	Carol	Valley Striders AC	F40	40:17	10	
68	4438	Felska	Agnieszka	Valley Striders AC	FSEN	40:19	34	Y
69	5229	Simpson	Emily	Chapel Allerton Runners	F40	40:20	11	
70	5394	Haddon	Julie	Hyde Park Harriers	F50	40:20	5	
71	4209	King	Laura	Ackworth Road Runners	F35	40:21	8	
72	6009	Charlesworth	Sarah	Wharfedale Harriers	F40	40:25	12	
73	5552	Carter	Nicola	Knaresborough Striders	F50	40:29	6	
74	5494	Costello	Suzanne	Kippax & District Harriers	F40	40:40	13	
75	4390	Anderson	Isabel	Saltaire Striders	F35	40:46	9	
76	5417	Miles	Naomi	Hyde Park Harriers	FSEN	40:47	35	
77	5894	Normanhenney	Hazel	St Therasas AC	FSEN	40:51	36	
78	6081	Illman	Helen	Airecentre Pacers	F35	41:03	10	
79	5891	Morley	Sarah	St Therasas AC	F45	41:08	12	
80	4490	Keighley	Holly	Chapel Allerton Runners	FSEN	41:14	37	
81	5944	Gledhill	Steph	Valley Striders AC	F45	41:21	13	
82	5980	Sunderland	Sue	Valley Striders AC	F60	41:21	2	
83	5097	James	Rose	Ackworth Road Runners	F40	41:23	14	
84	5313	Elliott	Bev	Horsforth Harriers	F50	41:29	7	
85	5069	Smith	Alison	Abbey Runners	F50	41:30	8	
86	5114	Smith	Charlotte	Ackworth Road Runners	F35	41:32	11	
87	5450	Taswell-Fryer	Eliza	Hyde Park Harriers	FSEN	41:33	38	
88	5187	Goult	Rebecca	Chapel Allerton Runners	FSEN	41:37	39	
89	6027	Campbell	Diane	York Postal Harriers	F50	41:43	9	
90	5580	Barber	Catherine	Nidd Valley Road Runners	FSEN	41:43	40	
91	6297	Walton	Asha	Roundhay Runners	F35	41:45	12	
92	6335	Cameron	Becky	Vale of York Athletic Community	FSEN	41:47	41	
93	5286	Fisk	Kat	Horsforth Fellandale	F40	41:52	15	
94	5351	Brooks	Chloe	Hyde Park Harriers	FSEN	41:56	42	
95	5983	Teague	Helena	Valley Striders AC	FSEN	41:56	43	
96	5441	Siswick	Fleur	Hyde Park Harriers	FSEN	41:58	44	
97	6011	Dennis	Sarah	Wharfedale Harriers	F40	41:59	16	
98	6196	Preston	Anne	Saltaire Striders	F45	42:02	14	

99	5918	Bennett	Dawn	Vale of York Athletic Community	F45	42:03	15	Y
100	6246	Gatenby	Francesca	Airecentre Pacers	F40	42:09	17	
101	6053	Sleight	Harriet	York Postal Harriers	FSEN	42:21	45	
102	5166	Barnes	Philippa	Chapel Allerton Runners	F40	42:24	18	
103	5516	Champion	Hannah	Kirkstall Harriers	FSEN	42:25	46	
104	6342	Thomas	Caroline	Horsforth Fellandale	F40	42:30	19	
105	5386	Foster	Megan	Hyde Park Harriers	FSEN	42:40	47	
106	5795	Richardson	Grace	Roundhay Runners	FSEN	42:53	48	
107	5005	Ashworth	Becky	Abbey Runners	FSEN	42:55	49	
108	5067	Sheer	Julia	Abbey Runners	F45	42:59	16	
109	5288	Glover	Sarah	Horsforth Fellandale	F45	43:09	17	
110	5560	Gummer	Sarah	Knaresborough Striders	F35	43:20	13	
111	6336	Taylor-Cross	Katie	Abbey Runners	F35	43:20	14	
112	6350	Williams	Ellie	Hyde Park Harriers	FSEN	43:24	50	
113	4473	Clark Miller	Sally	Abbey Runners	F45	43:28	18	
114	5130	Alcock	Helen	Airecentre Pacers	F40	43:31	20	
115	5060	Roden	Helen	Abbey Runners	F50	43:40	10	
116	5600	Holleran	Christine	Nidd Valley Road Runners	F55	43:43	2	
117	6158	Warner	Emma	Wetherby Runners AC	F45	43:50	19	
118	5144	Thomson	Eleanor	Airecentre Pacers	F45	44:02	20	
119	5181	Flatley	Lucy	Chapel Allerton Runners	FSEN	44:11	51	
120	5204	Knowles	Tessa	Chapel Allerton Runners	FSEN	44:15	52	
121	5385	Forwood	Nicola	Hyde Park Harriers	F40	44:25	21	
122	5462	Wilson	Chloe	Hyde Park Harriers	FSEN	44:30	53	
123	6435	Wheatley	Bekki	Chapel Allerton Runners	F40	44:38	22	
124	5131	Bromley	Sophie	Airecentre Pacers	F35	44:43	15	
125	5324	Link	Rebecca	Horsforth Harriers	FSEN	44:46	54	
126	5320	Hurst	Beverly	Horsforth Harriers	F55	44:50	3	
127	5182	Forster	Lora	Chapel Allerton Runners	F40	44:50	23	
128	5329	Payling	Sophie	Horsforth Harriers	F35	44:51	16	
129	5075	Ward	Sarah	Abbey Runners	FSEN	44:53	55	
130	5839	Nash	Louise	Saltaire Striders	F50	44:58	11	
131	5823	Gibbons	Mary	Saltaire Striders	FSEN	45:03	56	
132	6248	Owens	Melissa	Airecentre Pacers	F55	45:04	4	
133	5434	Roberts	Grace	Hyde Park Harriers	FSEN	45:12	57	
134	5883	Johnson	Laura	St Therasas AC	F40	45:16	24	
135	5570	Wilkinson	Paula	Knaresborough Striders	F55	45:21	5	
136	5745	Wilson	Patricia	Rothwell Harriers & AC	F45	45:26	21	
137	6043	Hodson	Natalie	York Postal Harriers	F35	45:29	17	
138	6444	Culhane	Ellie	Chapel Allerton Runners	FSEN	45:36	58	
139	5238	Briggs	Charlotte	Dragons Running Club (Leeds)	FSEN	45:37	59	
140	5646	Woodhead	Katharine	Nidd Valley Road Runners	F35	45:42	18	
141	5393	Griffiths	Alys	Hyde Park Harriers	FSEN	45:46	60	
142	5389	Gates	Cara	Hyde Park Harriers	F35	45:46	19	
143	5784	Lowe	Liz	Roundhay Runners	F55	45:56	6	
144	5640	Ventress	Rebecca	Nidd Valley Road Runners	F45	45:57	22	
145	6446	Owen	Kath	Chapel Allerton Runners	F40	45:58	25	
146	5274	Gibbs	Claire	Harrogate Tri Club	F50	46:01	12	
147	7210	Jamieson	Emelia	Pudsey & Bramley AC	FSEN	46:03	61	
148	5522	Hall	Camilla	Kirkstall Harriers	FSEN	46:10	62	
149	6230	Kitchen	Diane	Ilkley Harriers	F60	46:15	3	

150	5083	Brown	Bev	Ackworth Road Runners	F45	46:17	23	
151	5065	Scott	Katharine	Abbey Runners	F45	46:24	24	
152	5129	Wrangles	Gail	Ackworth Road Runners	F50	46:33	13	
153	5440	Shipp	Ellie	Hyde Park Harriers	FSEN	46:39	63	
154	5280	Addison	Christine	Horsforth Fellandale	F55	46:42	7	
155	5975	Smedley	Rachel	Valley Striders AC	FSEN	46:46	64	
156	5006	Ashworth	Kathryn	Abbey Runners	F45	46:49	25	
157	5443	Smith	Victoria	Hyde Park Harriers	F35	46:53	20	
158	5273	Frankish	Helen	Harrogate Tri Club	F50	46:59	14	
159	5087	Cooke	Rachel	Ackworth Road Runners	F55	47:10	8	
160	5801	Sunderland	Joanne	Roundhay Runners	F50	47:24	15	
161	5831	Humpherson	Maria	Saltaire Striders	F50	47:33	16	
162	7203	Enever	Molly	Pudsey & Bramley AC	FSEN	47:35	65	
163	5953	Keevash	Becca	Valley Striders AC	F40	47:39	26	
164	5635	Thomas	Victoria	Nidd Valley Road Runners	F50	47:41	17	
165	6334	Hawking	Veronica	Kippax & District Harriers	F40	47:44	27	
166	5878	Hacker	Tanya	St Therasas AC	F45	47:59	26	
167	5210	Matu	Stephanie	Chapel Allerton Runners	FSEN	48:03	66	
168	5596	Gibson	Debbie	Nidd Valley Road Runners	F60	48:32	4	
169	5951	Kara	Leila	Valley Striders AC	F55	48:41	9	
170	4229	Sweetman	Amy	Chapel Allerton Runners	FSEN	48:52	67	
171	5446	Stringer	Karly	Hyde Park Harriers	F35	48:54	21	
172	5126	Wigglesworth	Rose	Ackworth Road Runners	F45	48:59	27	Y
173	5314	Fenton	Hazel	Horsforth Harriers	F40	49:04	28	
174	5496	Edwards	Hannah	Kippax & District Harriers	F40	49:17	29	
175	5895	O'hara	Joanne	St Therasas AC	F55	49:26	10	
176	5746	Allison	Caroline	Roundhay Runners	F60	49:27	5	
177	5198	Hinch	Nicola	Chapel Allerton Runners	F45	49:34	28	
178	5834	Love	Helen	Saltaire Striders	F65	49:36	1	
179	5764	Cook	Mags	Roundhay Runners	F70	49:41	1	
180	5858	Belford-Mcdowell	Lisa	St Therasas AC	F50	49:45	18	
181	5704	Ballinger	Lauren	Rothwell Harriers & AC	F40	49:51	30	
182	5940	Fotherby	Pascale	Valley Striders AC	F45	49:52	29	
183	5432	Rhodes	Jo	Hyde Park Harriers	FSEN	50:00	68	
184	6087	Austin	Holly	Chapel Allerton Runners	F35	50:05	22	
185	6082	Keene	Cat	Airecentre Pacers	F35	50:06	23	
186	5720	Halliday	Amanda	Rothwell Harriers & AC	F55	50:08	11	
187	5585	Capstick	Rachel	Nidd Valley Road Runners	F45	50:11	30	
188	6198	Shaw	Jenny	Saltaire Striders	FSEN	50:20	69	
189	5054	Phillips	Laura	Abbey Runners	FSEN	50:30	70	
190	5650	Jamieson	Lisa	Pudsey & Bramley AC	F45	51:10	31	Y
191	6191	Hawden	Joanne	Rothwell Harriers & AC	F55	51:15	12	
192	5077	Whittaker	Liz	Abbey Runners	F55	51:16	13	
193	5728	Mann	Helen	Rothwell Harriers & AC	F60	51:21	6	
194	6403	Hawkhead	Alex	Kippax & District Harriers	FSEN	51:27	71	
195	5726	Keadin-Brown	Patricia	Rothwell Harriers & AC	F45	51:44	32	
196	5722	Hartley	Janet	Rothwell Harriers & AC	F65	51:45	2	
197	5380	Eva	Charlotte	Hyde Park Harriers	F35	51:56	24	
198	5427	Prust	Jane	Hyde Park Harriers	F60	51:56	7	
199	6346	Gardham	Louise	Hyde Park Harriers	F50	51:57	19	
200	5536	Oldfield	Alison	Kirkstall Harriers	F50	51:58	20	

201	5387	Garratt	Laura	Hyde Park Harriers	F40	52:01	31	
202	4005	Rhodes	Susy	Nidd Valley Road Runners	F40	52:09	32	
203	5030	Hulme-Vickerstaff	Lisa	Abbey Runners	F55	52:16	14	
204	5534	Moran	Carol	Kirkstall Harriers	F60	52:19	8	
205	5546	Taylor	Samantha	Kirkstall Harriers	F35	52:29	25	
206	5138	Keighley	Carole	Airecentre Pacers	F60	52:30	9	
207	5510	Stanworth	Lucie	Kippax & District Harriers	FSEN	52:40	72	
208	5162	Allen	Elizabeth	Chapel Allerton Runners	F50	53:21	21	
209	5538	Riach	Emily	Kirkstall Harriers	FSEN	53:22	73	
210	5105	Middleton	Carol	Ackworth Road Runners	F60	53:38	10	
211	5224	Ross	Heather	Chapel Allerton Runners	F45	53:49	33	
212	5470	Jacques	Helen	Ilkley Harriers	F55	53:52	15	
213	5290	Holliday	Meisha	Horsforth Fellandale	FSEN	54:00	74	
214	5509	Penrose	Kate	Kippax & District Harriers	F70	54:04	2	
215	5010	Bastin	Katie	Abbey Runners	FSEN	54:04	75	
216	5475	Lofthouse	Kate	Ilkley Harriers	F60	54:11	11	
217	4479	Addison	Dianne	Horsforth Fellandale	F60	54:12	12	
218	5929	Styles	Ellie	Vale of York Athletic Community	FSEN	54:19	76	
219	6138	Furness	Claire	St Therasas AC	F35	54:23	26	
220	5581	Bracher	Sarah	Nidd Valley Road Runners	F40	54:30	33	
221	6144	Bryars	Elizabeth	Vale of York Athletic Community	F35	54:59	27	
222	5308	Cole	Emma	Horsforth Harriers	F35	55:15	28	
223	5606	Lane	Joanne	Nidd Valley Road Runners	F50	55:22	22	
224	6134	Mistry	Urmila	Saltaire Striders	F60	55:40	13	
225	6203	Carey	Kay	St Therasas AC	F50	55:45	23	
226	5567	Skeer	Katrina	Knaresborough Striders	F60	56:17	14	
227	5711	Corlet	Dawn	Rothwell Harriers & AC	F55	56:21	16	
228	5710	Clarke-Williams	Rachel	Rothwell Harriers & AC	F35	56:21	29	
229	5856	Backhouse	Sally	St Therasas AC	F50	56:32	24	
230	5889	Mcmorran	Lindsay	St Therasas AC	F35	57:02	30	
231	5869	Fletcher	Lynn	St Therasas AC	F70	57:26	3	
232	5473	Lambert	Sarah	Ilkley Harriers	F35	58:02	31	
233	5847	Thaper	Claire	Saltaire Striders	F40	58:10	34	
234	6020	Thompson	Su	Wharfedale Harriers	F55	58:36	17	
235	5601	Hornsby	Jill	Nidd Valley Road Runners	F65	59:01	3	
236	5616	Morten	Sylvia	Nidd Valley Road Runners	F60	59:48	15	
237	5633	Smith	Michelle	Nidd Valley Road Runners	F50	1:00:03	25	
238	5487	Wright	Sally	Ilkley Harriers	F60	1:00:27	16	
239	5900	Rowley	Sam	St Therasas AC	F50	1:00:55	26	
240	5344	Bangerh	Jasbir	Hyde Park Harriers	F50	1:00:57	27	
241	5370	Donnelly	Chrissy	Hyde Park Harriers	F55	1:01:45	18	
242	6075	Persico	Lisa	Abbey Runners	F45	1:01:59	34	
243	5421	Neugebauer	Sharron	Hyde Park Harriers	F60	1:03:31	17	
244	6221	Steeves	Elizabeth	Wetherby Runners AC	F60	1:03:35	18	
245	6175	Buckley	Ann	Dragons Running Club (Leeds)	F45	1:03:54	35	
246	5882	Hill	Debra	St Therasas AC	F50	1:04:44	28	
247	6401	Shaffiq	Sumrah	Hyde Park Harriers	F40	1:06:25	35	
248	5589	Coiley	Lianne	Nidd Valley Road Runners	F40	1:07:01	36	
249	5070	Smith	Judith	Abbey Runners	F70	1:08:42	4	
250	5708	Cartwright	Jo	Rothwell Harriers & AC	F65	1:09:08	4	
251	4437	Horsfield	Beverley	Vale of York Athletic Community	F50	1:09:09	29	

252	5922	Holliday	Kyra	Vale of York Athletic Community	FSEN	1:09:33	77	
253	6220	Linfoot	Tracy	Wetherby Runners AC	F50	1:09:57	30	
254	6391	Hosie	Jo	Vale of York Athletic Community	F40	1:10:27	37	
255	5774	Hewson	Abbey	Roundhay Runners	FSEN	1:10:28	78	